



# 5 STEPS TO SUCCESSFUL POTTY TRAINING

- 1 Consider your child's brain readiness, body readiness and emotional readiness
- 2 Discuss and answer questions about potty training with your child
- 3 Get a potty chair or potty seat for them to start practicing
- 4 Award prizes, such as treats or small trinkets, for encouragement
- 5 Try to remember to stay positive if there is no success right away