

2021 Nebraska Healthy Kids Summit Agenda

Promoting healthy eating and active living in Nebraska communities

Purpose: Explore the impact of the global pandemic and systemic inequities on child nutrition and active living in Nebraska communities, while connecting stakeholders through research, practice, and advocacy approaches that promote equitable child health in a call to action.

Wednesday, March 3, 2021 from 12:00-4:30pm CST

TIME	TOPIC
12:00-12:15	Welcome/Opening Chanda Chacon , MPH, FACHE – President and Chief Executive Officer of Children’s Hospital & Medical Center
12:15-1:15	Be a Voice to Create Equitable Policies for Healthier Communities Opening Keynote Speaker: Lori Fresina , MA – Vice President and Executive Director of Voices for Healthy Kids, American Heart Association Lori is the Vice President and Executive Director of Voices for Healthy Kids, American Heart Association. Her expertise includes campaign planning, community mobilization, multi-stakeholder collaboration, grassroots development and effectively communicating health messages to public officials. Voices for Healthy Kids works around the country to improve or create equitable policies that will make the places kids, live, learn, and play healthier.
1:15-1:25	Break
1:25-1:45	Research & Project Fair Highlights Hosted by Child Health Research Institute
1:45-2:30	Preventing Childhood Obesity (PCO) Grantee Panel
2:30-2:35	Break
2:35-3:25	Healthy Eating with Children through the Pandemic & Beyond Plenary Speaker: Jill Castle , MS, RD – Child Nutrition Expert Jill is an award-winning childhood nutrition expert, author, public speaker and pediatric nutrition consultant. She is known as a paradigm shifter who blends current research, practical application and common sense, making parents and professionals think differently about feeding kids. Whether it’s babies or teens, toddlers or tweens, Jill takes a unique, “whole-child” approach to childhood nutrition, showcasing food and nutrients, positive feeding and childhood development as the cornerstones of raising a healthy child.
3:25-3:30	Break
3:30-4:15	Research & Project Fair Hour Hosted by Child Health Research Institute
4:15 -4:30	Mid-Point Harvest/Day 1 Closing

Thursday, March 4, 2021 from 12:00-4:30pm CST

TIME	TOPIC
12:00-12:15	Welcome/Opening
12:15-1:00	Child Health Policy Panel Panel will include Nebraska Senators to discuss current policies impacting child health, including child nutrition bills. Facilitated by Liz Lyons, Director of Government Affairs & Advocacy, Children's
1:00-1:20	Research & Project Fair Highlights Hosted by Child Health Research Institute
1:20-1:25	Break
1:25-2:15	Breakout Sessions Option #1 – Supplemental Nutrition Assistance Program (SNAP) 101 and Food/Nutrition Access & Advocacy - Presented by Eric Savaiano, Program Manager of Economic Justice Program, Food Nutrition and Access at NE Appleseed Option #2 - Working with Families through the Pandemic - Presented by Danielle Bettman, Parent Coach/Owner of Wholeheartedly Option #3 – Interpreting Data for Child Health Advocacy - Presented by Dr. Bob Rauner, Partnership for a Healthy Lincoln
2:15 – 2:20	Break
2:20 - 3:10	Health Equity from Preconception into Childhood Plenary Speaker Shannon Maloney, MPP, PhD – Assistant Professor at the University of Nebraska Medical Center, College of Public Health Dr. Maloney has been researching and evaluating programs and policies that affect women and children for over 10 years. She is passionate about empowering women and mothers in health decision-making so that they can make their best choices to protect the optimal health for their children and themselves. Dr. Maloney's work emphasizes the use of research and data to advocate for change at the policy, systems and community level. She focuses on improving health care quality and delivery of health services to women and children. Her aim is to foster collaboration between academic, medical, non-profit sectors and the individuals served by these institutions.
3:10 – 3:15	Break
3:15 – 4:15	Embracing the Power of Your Leadership Footprint Closing Keynote Speaker Tara Brown, MS – The Connection Coach It has been said that 'we never touch another so lightly that we do not leave a trace.' In this humorous inspirational keynote, Tara emphasizes that we are all leaders in some capacity, regardless of title or position, and that kids are constantly seeking leaders who they can follow. Through powerful stories of her time spent both teaching and coaching diverse populations, Tara emphasizes the importance of embracing intentional actions that will inspire and motivate. Tara Brown, Known as 'The Connection Coach,' Tara believes strongly that kids are committed to people – not programs – and that a key to reaching youth is through the power of positive connections. As an award-winning educator, author and speaker, Tara understands connecting with diverse populations, building relationships and getting the most out of any youth organization. She is recognized as a leading expert in helping adults better understand how to build powerful connections with today's youth.
4:15-4:30	End Harvest/Call to Action/Closing Remarks