

**Baldwin-Wood Table**  
**Average Height-Weight Tables Boys and Girls**

\*Table prepared by Bird T Baldwin, Ph.D., and Thomas D. Wood, M.D. Published originally by American Child Health Association

\*Weights are listed in pounds

**BOYS**

	Age (yr)	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
	Height (in.)																
	38	34	34														
	39	35	35														
	40	36	36														
	41	38	38	38													
	42	39	39	39	39												
	43	41	41	41	41												
	44	44	44	44	44												
	45	46	46	46	46	46											
	46	47	48	48	48	48											
	47	49	50	50	50	50	50										
	48		52	53	53	53	53										
	49		55	55	55	55	55	55									
	50		57	58	58	58	58	58	58								
	51			61	61	61	61	61	61								
	52			63	64	64	64	64	64	64							
	53			66	67	67	67	67	68	68							
	54				70	70	70	70	71	71	72						
	55				72	72	73	73	74	74	74						
4'8"	56				73	76	77	77	77	78	78	80					
	57					79	80	81	81	82	83	83					
4'10"	58					83	84	84	85	85	86	87					
	59						87	88	89	89	90	90	90				
5'0"	60						91	92	92	93	94	95	96				
	61							95	96	97	99	100	103	106			
	62							100	101	102	101	104	107	111	116		
	63								105	106	107	108	110	113	118	123	127
	64									109	111	113	113	117	121	126	130
5'5"	65									114	117	118	120	122	127	131	134
	67										119	122	125	128	132	136	139
5'8"	68										124	128	130	134	136	139	142
	69											134	134	137	141	143	147
	70											137	139	143	146	149	152
	71											143	144	145	148	151	155
6'0"	72											148	150	151	152	154	159
	73												153	155	156	158	163
	74												157	160	162	164	167
	75												160	164	168	170	171

**GIRLS**

	Age (yr)	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19									
4'1"	Height (in.)																								
	38	33	33																						
	39	34	34																						
	40	36	36	36																					
	41	37	37	37																					
	42	39	39	39																					
	43	41	41	41	41																				
	44	42	42	42	42																				
	45	45	45	45	45	45																			
	46	47	47	47	48	48																			
	47	49	50	50	50	50	50																		
48		52	52	52	52	53	53																		
49			54	55	55	56	56																		
50			56	57	58	59	61	62																	
4'7"	51			59	60	61	61	63	65																
	52			63	64	64	64	65	67																
	53			66	67	67	68	68	69	71															
	54				69	70	70	71	71	73															
	55				72	74	74	74	75	77	78														
4'10"	56					76	78	78	79	81	83														
	57						80	82	82	84	88	92													
	58							84	85	86	88	93	96	101											
5'0"	59							87	90	90	92	96	100	103	104										
	60								91	95	95	97	101	105	108	109	111								
5'2"	61									99	100	101	105	108	112	113	116								
	62										104	105	106	108	111	115	117	118							
5'5"	63											110	110	112	116	117	119	120							
	64												114	115	117	119	120	122	123						
	65													118	120	121	122	123	125	126					
5'8"	66																124	124	125	128	129	130			
	67																	128	128	131	133	133	135		
	68																		131	132	135	136	138	138	
	69																			135	137	138	140	142	
	70																				136	138	140	142	144
	71																					138	140	142	144

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