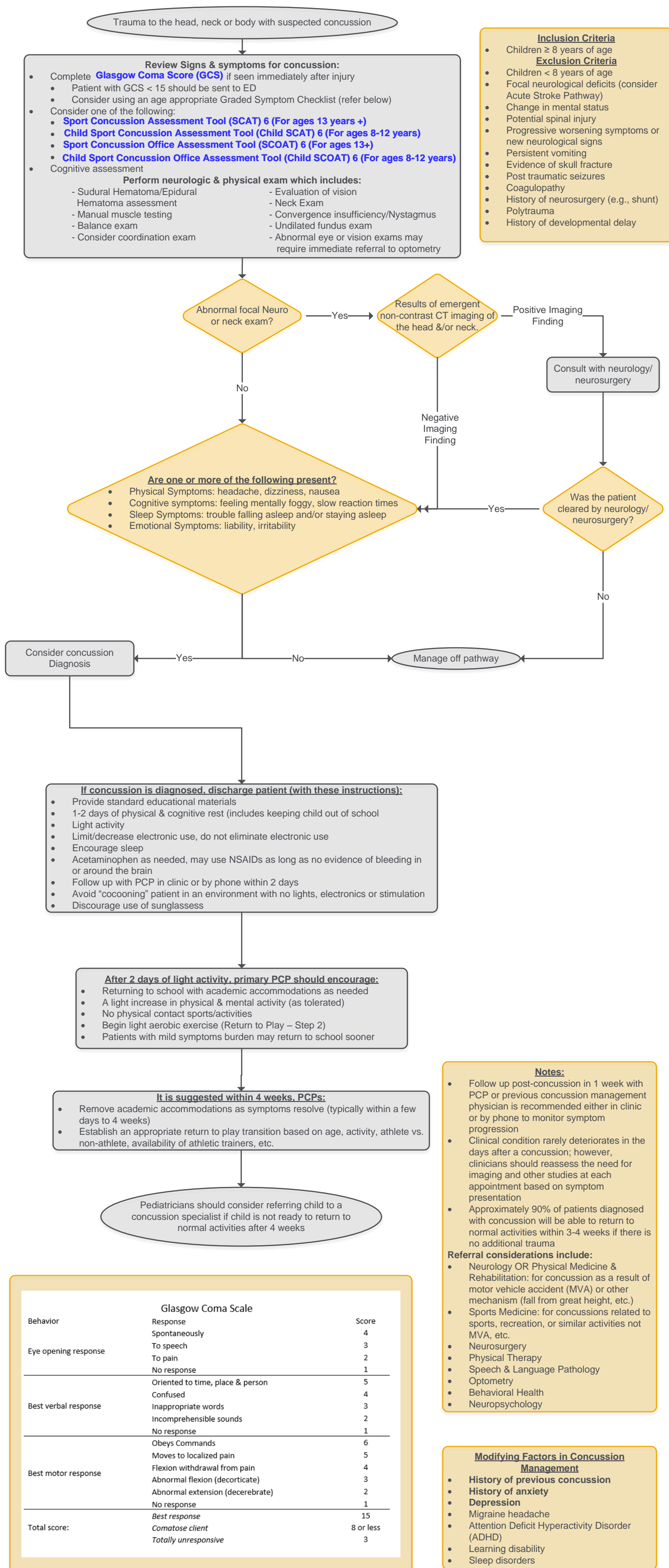


# SUSPECTED CONCUSSION CLINICAL PATHWAY



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## Graded Symptom Checklist - 13 and Older

**How do you feel?**

"You should score yourself on the following symptoms based on how you feel right now."

	None	Mild	Moderate	Severe			
Headaches	0	1	2	3	4	5	6
Pressure in head	0	1	2	3	4	5	6
Neck Pain	0	1	2	3	4	5	6
Nausea or vomiting	0	1	2	3	4	5	6
Dizziness	0	1	2	3	4	5	6
Blurred vision	0	1	2	3	4	5	6
Balance problems	0	1	2	3	4	5	6
Sensitivity to light	0	1	2	3	4	5	6
Sensitivity to noise	0	1	2	3	4	5	6
Feeling slowed down	0	1	2	3	4	5	6
Feeling like "in a fog"	0	1	2	3	4	5	6
Difficulty concentrating	0	1	2	3	4	5	6
Difficulty remembering	0	1	2	3	4	5	6
Fatigue or low energy	0	1	2	3	4	5	6
Confusion	0	1	2	3	4	5	6
Drowsiness	0	1	2	3	4	5	6
More emotional	0	1	2	3	4	5	6
Irritability	0	1	2	3	4	5	6
Sadness	0	1	2	3	4	5	6
Nervous or Anxious	0	1	2	3	4	5	6
Sleep disturbance	0	1	2	3	4	5	6
Abnormal heart rate	0	1	2	3	4	5	6
Excessive sweating	0	1	2	3	4	5	6
Other:							
Do symptoms worsen with physical activity?	Yes			No			
Do the symptoms worsen with cognitive (thinking) activity?	Yes			No			
Symptoms number							
Symptom severity score							
What percentage of normal do you feel?							

## Graded Symptom Checklist - 12 and Younger

**How do you feel?**

"You should score yourself on the following symptoms based on how you feel right now."

	Never	Rarely	Sometimes	Often
I have headaches	0	1	2	3
I feel dizzy	0	1	2	3
I feel like the room is spinning	0	1	2	3
I feel like I am going to faint	0	1	2	3
Things are blurry when I look at them	0	1	2	3
I see double	0	1	2	3
I feel sick to my stomach	0	1	2	3
I get tired a lot	0	1	2	3
I get tired easily	0	1	2	3
I have trouble paying attention	0	1	2	3
I get distracted easily	0	1	2	3
I have a hard time concentrating	0	1	2	3
I have problems remembering what people tell me	0	1	2	3
I have problems following directions	0	1	2	3
I daydream too much	0	1	2	3
I get confused	0	1	2	3
I forget things	0	1	2	3
I have problems finishing things	0	1	2	3
I have trouble figuring things out	0	1	2	3
It's hard for me to learn new things	0	1	2	3
My neck hurts	0	1	2	3
Do the symptoms get worse with physical activity?	Yes		No	
Do the symptoms get worse with trying to think?	Yes		No	

## Graded Symptom Checklist - 12 and Younger Parent Report

**How does your child feel?**

"You should score your child on the following symptoms based on what you have observed most recently."

The child . . .	Never	Rarely	Sometimes	Often
has headaches	0	1	2	3
feels dizzy	0	1	2	3
has a feeling that the room is spinning	0	1	2	3
feels faint	0	1	2	3
has blurred vision	0	1	2	3
has double vision	0	1	2	3
experiences nausea	0	1	2	3
gets tired a lot	0	1	2	3
gets tired easily	0	1	2	3
has trouble sustaining attention	0	1	2	3
is distracted easily	0	1	2	3
has difficulty concentrating	0	1	2	3
has problems remembering what he/she is told	0	1	2	3
has difficulty following directions	0	1	2	3
tends to daydream	0	1	2	3
gets confused	0	1	2	3
is forgetful	0	1	2	3
has difficulty completing tasks	0	1	2	3
has poor problem-solving skills	0	1	2	3
has problem learning	0	1	2	3
has a sore neck	0	1	2	3
Do the symptoms get worse with physical activity?	Yes		No	
Do the symptoms get worse with trying to think?	Yes		No	

**Disclaimer:** Pathways are intended as a guide for practitioners and do not indicate an exclusive course of treatment nor serve as a standard of medical care. These pathways should be adapted by medical providers, when indicated, based on their professional judgement and taking into account individual patient and family circumstances.