### Migraine/Headache Pathway

**Inclusion Criteria**
- Age 6 or older with primary headache (e.g., tension or migraine)

**Exclusion Criteria**
- Less than 6 years
- Secondary headache (e.g., i.e. 10% criteria, meningioma, or other)
- Pregnancy

**PO Rizatriptan:**
- **Triptan Dosing:**
  - 6 mg > 30 kg
  - 10 mg > 40 kg

**Exclusion Criteria**
- Positive pregnancy test
- History of ischemic (secondary) stroke
- History of neurocutaneous stigmata
- Fever
- Seizures
- Night time awakening
- Night time vomiting
- Anticonvulsants
- Headache in the past 7 days
- Fever, rash on face
- Fever, joint pain, rash
- Lupus
- Fatigue
- Seizure(s)
- Sickle Cell Disease
- NS bolus 20 mL/kg

**Inclusion Criteria**
- Age 6 or older with primary headache
- Neurocutaneous stigmata

**PO acetaminophen (if not contraindicated)**
- PO caffeine
- PO ondansetron

**Triptan Contraindications**
- History of stroke, TIA, or systemic stroke
- History of systemic symptoms
- Traumatic brain injury
- Lupus, sickle cell disease
- Sickle Cell Disease

**PO Ondansetron OR IV ondansetron OR IV metoclopramide OR IV prochlorperazine**

**Summary:**
- PO rizatriptan or SubQ Sumatriptan: 25 mg
- PO acetaminophen (if not contraindicated)

**Pathways are intended as a guide for practitioners and do not indicate an exclusive course of treatment nor serve as a standard of medical care. These pathways should be adapted by medical providers, when indicated, based on their professional judgement and taking into account individual patient and family circumstances.**

ChildrensNebraska.org/Pathways

**Updated 2/2024**